



3 TRY-OUT CAMPS

The Danbury Arena's Hockey Department will be running 3 INTENSE Camps for the up-coming Travel Team try outs in April.

- #1 March 23, 25 and 26th 6:10pm – 7:40pm
- #2 March 30th 6:10pm – 7:40pm April 1st and 2nd 6:30 – 8:00pm
 - 1.5 hours each day
 - Skating
 - Shooting
 - Body checking and positioning

*****SIGN UP EARLY AND SAVE*****

Sign up on or before Saturday March 20th
Pay Only \$125.00

After March 20th each camp will cost \$180.00

Both camps will be conducted for All age levels...Each age level will focus on the areas they will need to have a successful try-out.

Skating...all groups will skate for power, agility and endurance.

Shooting...Shooting techniques will be enforced and strengthened with on ice resistance training and focus.

Checking...Body positioning, angling and contact are introduced and utilized in a controlled environment.

3. Last Chance skate before Try- Outs!

******The POWER HOUR SKATE CLINC******

Tuesday April 6th 7:20pm – 8:20pm
Get in one more Skate before your try-outs!



\$30.00